

Sennie (SEN SPECIALIST/NANNY/MANNY) for G5 & G3

Additional needs present: ADHD, ASD	Location: Chiswick, London, W4	Wage / Salary: Between £30,000 - £35,100 per annum gross	Driver: Not essential but preferred
Live in/out: Live-Out	Pets: None	Days & Hours: Approx 27 hours per week <ul style="list-style-type: none"> Friday, Saturday and Sunday: 9am - 6pm 	Start Date: Preferably July 2025

Essential Skills/Traits:

- 2+ years of SEN childcare experience
- Kind and Calm Nature
- Adaptable and Understanding
- Positive and Nurturing Approach
- Organised and Dependable
- Creative and Fun
- Experience working with children with ADHD and autism

About the role/family: **SENNIES** is excited to support a warm and engaged family—comprising of mother, father, and their two daughters G5 and G3 — are seeking additional weekend support from a skilled and empathetic Sennie to enhance their routines, especially as they navigate the summer holidays and more unstructured time. The primary focus of this role will be to support G5, who has recently been diagnosed with combined-type ADHD and mild to moderate autism, with no delays in cognitive development or speech.

The family is looking for a Sennie who is confident, emotionally attuned, and has previous experience working with children with ADHD and autism. A calm and patient presence is essential, as is the ability to think on your feet and respond creatively to G5's needs and energy levels. The ideal candidate will be someone who can offer an engaging and safe environment for both G5 and G3, while gently helping to manage G5's social interactions, preventing escalations, and supporting her in moments of emotional dysregulation with empathy and consistency. The Sennie will be expected to help maintain a balanced weekend routine, planning and leading physical and stimulating activities such as outings to the park, swimming sessions, or imaginative indoor play. An understanding of how to manage G5's social battery and the ebb and flow of her energy is key—she needs both active outlets and moments of calm. While the family has not yet started medication for ADHD, they are open to it in future and are committed to using therapeutic approaches that support G5's emotional development. She currently attends weekly play therapy through school, which provides a helpful structure during term time.

The Sennie's presence will not only support G5's development but also give her parents much-needed relief and confidence, knowing that their daughters are in compassionate and capable hands. This role would suit someone nurturing, proactive, and adaptable—ready to make a meaningful impact in a supportive, understanding family environment.

About the child/children: G5 is an active, imaginative, and socially motivated five-year-old recently diagnosed with ADHD and autism. She thrives on movement, creativity, and meaningful interactions, and enjoys role play, storytelling, music, gymnastics, swimming, and her special interests like Super Mario, Sonic, and Minecraft. G5 benefits greatly from structure and routine, as transitions can be challenging.

She experiences difficulties with social understanding and impulse control, often struggling to read social cues in peer or sibling interactions. This can lead to reactive behaviours such as hitting or pushing when she misinterprets others' intentions, particularly during play. Although she quickly feels remorseful, these incidents can impact her self-esteem. As a result, she benefits from structured support, emotional regulation strategies, and calm, in-the-moment coaching to build her social confidence and awareness.

The Sennie will play a vital role in helping G5 navigate these social and emotional challenges, while also engaging her in stimulating, movement-based activities to meet her sensory and attention needs. This includes supporting routines, managing transitions, and finding appropriate weekend classes or outings that suit her interests and energy levels.

Sensory and safety checklist: *The family have identified that G5:*

- *Resists changes to familiar routines; Can memorise large amounts of information on certain topics; Covers ears when hears certain sounds; Likes a hug if chosen to do this; Very good auditory memory for songs and rhymes; Dislikes the feel of certain fabrics and substances; Hugs very tightly; Enjoys feeling certain materials*

G3 is a bright, curious, and neurotypical three-year-old who brings a calm and joyful presence to the family dynamic. She has a close bond with her older sister and enjoys spending time outdoors, engaging in imaginative role play, puzzles, crafts, and helping with everyday practical tasks. While she can be initially shy around new people, she typically warms up quickly and enjoys forming connections through shared play and activities. G3 thrives in a nurturing environment where her creativity and natural curiosity can flourish. During school breaks and unstructured periods, the Sennie will play an important role in creating engaging, age-appropriate activities that cater to her interests while also providing support during interactions with her older sister. As G5 can sometimes struggle with emotional regulation and impulse control due to her ADHD and autism diagnoses, G3 may occasionally find herself in challenging situations during sibling interactions. The Sennie will help gently navigate these moments, offering calm, sensitive guidance that supports both children and promotes positive sibling dynamics.

Who this role would suit:

- Has experience or a strong interest in working with neurodivergent children, particularly those with ADHD and autism.
- Is confident supporting children with emotional regulation and social challenges in a calm, respectful, and non-judgmental way.
- Can sensitively manage sibling dynamics, promoting harmony and positive interactions between children with differing needs.
- Enjoys planning and engaging in active, imaginative, and creative play suited to both neurodivergent and neurotypical children.
- Understands the importance of structure and routine, especially during unstructured periods like weekends and school holidays.
- Has a warm, patient, and playful approach to childcare, and can adapt their style to suit different personalities.
- Is comfortable supporting both guided and child-led play, with the ability to respond flexibly to changing moods and energy levels.
- Is proactive in finding and facilitating stimulating activities, outings, or weekend classes that align with the children's interests.
- Is emotionally attuned and aware of how to build self-esteem and confidence in young children.
- Would enjoy being part of a loving, involved family environment and values clear communication and collaboration with parents.

Lead Recruiter: Anita - Anita@sennies.co.uk

To apply for this amazing role and see the full job description and family preferences, please head to the SENNIES website and fill in our [online application form](#).

If you are already registered, please [log in to your online SENNIES account](#), where you will see if you are a good match for the family/client based on your matching preferences. Please click 'like' for any roles you want to be sent forward for, so we can qualify your application.

REF: 0317

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