

## **Part-Time Respite Sennie for B8**

**Location:** Epsom, South London / Surrey

**Wage / Salary:** £15 per hour gross

**Driver:** Preferred but not essential - own car preferred if a driver

### **Essential Skills:**

- Knowledgeable and experienced with Autism
- Prior experience working with children with ADHD, Autism and/or similar Neurological conditions
- Kind and caring approach
- Energetic and enthusiastic attitude
- Previous work experience with non/pre-verbal communicators
- Understanding of distressed behaviours / behaviours that challenge

### **Desirable Skills:**

- Experience with therapies contributing to the cognitive and social development of Autistic children
- Flexible and collaborative

**Start Date:** As soon as possible

**Days & Hours:** *Term - Time: 10 hours per week (After school and/or weekends)*  
*School Holidays: 14 hours per week*

**About the family:** **SENNIES** are looking to secure an experienced, compassionate and fun Sennie to provide part-time respite care for a busy family and their son, B8, who can engage him in activities and play suitable to him, that will allow the family time to spend with their other children and allow B8 the opportunity to build a loving and trusting relationship with the Sennie.

**About B8:** B8 is an affectionate and playful little boy, with lots of energy who likes to be stimulated and kept active. B8 can often become 'hyperactive' owing to his ADHD so someone who can keep up with his fast paced thoughts and ideas and keep him engaged is vital. B8 has limited verbal communication but can express his likes and dislikes and can use pictures and physical expression.

B8 has a big imagination and really enjoys TV shows like 'James and the Neverland pirates'. He likes to make puppets out of paper and sticks and enjoys creatively stimulating activities. He loves outdoor play in the garden and in the park, particularly the bounce and spin seesaw making him a very fun child to get to spend some time with!

B8 can become anxious and dysregulated at times, and can often become fixated on particular activities or his 'special interests' which can cause some distress when asked to move away from them. Therefore it is really important that routines and schedules are kept in place for B8 and followed as closely as possible to avoid any upset or confusion for B8.

The family are trying to encourage B8 to engage with more independent play and to help him to understand how to entertain himself as he cannot always be stimulated, yet craves constant

stimulation. This can often lead to him seeking attention or feedback in a negative way which is where the behaviours that challenge can start to come into action.

The Sennie selected should be a kind, caring and compassionate support for B8 who is happy to engage with him in his preferred activities, encourage creativity and play whilst also working on B8's communication and language skills and who is capable of de-escalating challenging or distressing situations.

**Medications:** Methylphenidate for his ADHD

**About the role:** This is a great part-time respite care position for someone who loves working with Autistic children, who also understands ADHD, to spend time with a sweet and interesting little boy offering him the opportunity for play and companionship.

**Main duties include:**

- Engaging B8 in his preferred activities
- Preparing and giving snacks / lunch when needed
- Taking B8 out on day trips and out to activities such as swimming
- Continuing the therapies and interventions as recommended by B8's specialists
- Providing personal care including help with toileting
- During weekends/school holidays - Planning interesting activities for B8, including outings and park trips
- Occasionally engaging with the other children in the family and including them in your activities or plans with B8

The family are looking for a flexible, fun but firm Sennie with excellent Autism experience, who can commit to the role for a minimum of 1 year. The Sennie selected should be able to follow and support therapies and interventions determined by the family (in conjunction with the Sennie) and professionals.

**To apply for this role or for more information please email [info@sennies.co.uk](mailto:info@sennies.co.uk)**